



## **VOLUNTEER OPENINGS**

**Updated: November 1<sup>st</sup>, 2018**

### **Barber Shop Helper**

*Mondays and Tuesday all day, Wednesdays 9am-12pm, Thursdays 1-4pm, Fridays 1-4pm*

When you are having a “good hair day” you feel better. Our residents love their little Barber Shop/ Beauty Parlor. They come out looking good and feeling good. You can help by assisting residents to and from their appointments. Converse with residents waiting for their hair to be done. Answer phones and make appointments. Call units to see if residents are ready. Clean and disinfect clippers, scissors and brushes, sweep floor, etc.

### **Day Care: Recreation Programs**

*Mondays 1-3pm and Friday 8:30am- 12:00pm*

Assist getting participants to programs, help set up room. Assist participants by helping them stay engaged, lending a hand when needed, modeling activities. Work with the Therapeutic Recreation staff to clean up after and get participants ready for their next activity. Offer conversation and 1:1 attention for residents not engaged during regularly scheduled programs.

### **Early Riser Cart**

*9:00 am Sunday, Monday or Friday*

Greet residents as they begin their days with crossword puzzles, movies, crafts. Offer the residents independent leisure resources, provided by the Therapeutic Recreation department. Provide a friendly face or conversation as you visit each unit. Offer music and movies in dining or core areas on each unit. Organize and alert therapeutic recreation of which supplies are in demand or running low.

### **Feeding Assistant**

*All mornings 7:15-9:15am, All afternoons 11:45am-1:45pm, All evenings 4:45-6:15pm*

Provide socialization to residents, verbal cues and refocusing residents on meals and fluids. Encourage nourishment intake. This is for socialization to increase appetite and stimulate independent eating with reminders to task at hand. Provide encouragement, pleasant conversation, re-direct to tray (food) when resident gets distracted. For more compromised residents hand over hand cues or feeding residents who are not “complex” feeds.

**Requirements for this position:** \*\*\*16 hour training course provided by LISVH\*\*\* and recommendation of volunteer services or other clinical staff required.

### **Medical Suite- Office Assistant**

*Thursdays*

Assist residents to and from appointments, help with light office work, answering phones, keeping residents company who are waiting for appointments, filing charts for employee health. Transport resident charts to units. Requirements include office experience, English speaking, and reading ability.

### **Pharmacy- Assistant**

*Mondays and Tuesdays- flexible between 9am-5pm*

Assist the pharmacists and technicians to make deliveries to units and light office work. Must be English speaking, able to read and office experience is a plus. Must be consistent with scheduled shifts.

### **Resident Supporter Program**

*Flexible, Requirement of two visits per month, per resident.*

To provide companionship and diversional activities to residents who are withdrawn, lonely or isolated. To break the isolation often felt by long term care residents.

## **Rehab Therapy: Occupational Therapy**

*Mondays, Tuesdays, Wednesdays, Thursdays and Saturdays 8am-12:30pm or Fridays 1pm-4pm*

*Student Volunteer Shifts vary and are re-evaluated each semester*

Keep our residents active & independent. Rehab therapy can assist residents in being able to perform tasks independently and have better balance and mobility. Assist the Rehab staff by bringing residents to the treatment rooms, motivating and assisting residents while they are receiving rehab. Deliver charts, stock supplies.

## **Rehab Therapy: Physical Therapy**

*Mondays and Fridays 1pm-4pm, Wednesdays and Saturdays 9am-12pm*

*Student volunteer shifts vary and are re-evaluated each semester*

Keep our residents active & independent. Physical Therapy can assist residents in being able to perform tasks independently and have better balance and mobility. Assist the Rehab staff by bringing residents to the treatment rooms, motivating and assisting residents while they are receiving rehab. Walk behind the therapist and resident with the wheelchair in case the resident needs to sit down suddenly. Deliver charts, stock supplies.

*\* PT/OT Students:*

**Students often apply a semester ahead of time to obtain a shift for both PT & OT. \*Shifts are limited and competitive. We assign shifts based on the applicant's demonstration of interest, responsibility and timeliness. Be mature and responsible, get your papers in and show interest by staying in touch and coming in for your assigned shift. If you do not attend to your scheduled assignment for more than 2-4 weeks, your position may be offered to another student.**

## **Reflections Unit Volunteers**

*Daily from 10 – 12 pm, 2 – 4 pm, 4 - 6 pm, 7 - 9 pm*

Provide our residents living on the Reflections Unit with some special attention. The Reflections Unit is our unit specializing in assisting residents who have Dementia (such as Alzheimer's). This is a safe, closed unit for the residents. Residents with this condition need a lot of individual attention and stimulation. We need help with the Recreation Programs on the unit, 7 days a week from 10-12 and 2-4. You are helping provide care to and brighten the day of our residents with this difficult medical condition. You can pick a day and shift that meets your needs and availability. Training and support will be provided.

## **Religious Services**

*Catholic Mass; Sundays: 10 am – 12 Noon, Mondays 3:30- 4:30 pm*

*Bible Study; Mondays: 10 am- 11 am*

*Jewish Services; Fridays: 10:30 am -12:30 pm*

*Protestant Services; Sundays: 3:00 pm – 4:30 pm*

## **Therapeutic Recreation- In House**

*7 days a week, mornings, afternoons, and a few evenings*

The Home's philosophy is "Food and Fun". Enjoying life and being engaged are very important; you're never too old to learn new things. Help our residents stay active in the community, and engaged in life. Choose a set schedule, or pick and choose weekly (based on your interest and availability). Weekends & Evenings are a High Priority. Shifts are usually 2 hours. Encourage & motivate residents to attend and participate; assist them to and from programs.

### **Community Trip Volunteer**

**Must attend a volunteer trip training in order to become qualified to sign up for trips.**

Trips are usually Wednesdays, some evenings and weekends, times vary. Assist the Residents on community trips. Help brighten a resident's week by helping them enjoy this special activity. Must be able to push, pull and lift. Trips include: shopping, restaurants, sporting events, fishing in season, racetrack (must be at least 21), movies (must be at least 18), museums, etc.

### **Poker/Pinochle Card Player**

Assist the residents and a small group of volunteers to run a card game on one of the units. Cards are offered Tuesdays and Thursdays from 9:30am-11:30am. Cards, Chips and note paper are provided by Therapeutic Recreation. The residents who attend are very consistent and view this special program as a part of their daily routine.

## **Unit Assistant**

*9am- 12pm daily, 1 – 5 pm daily, 6:30-8pm daily*

A versatile role, become acquainted with one unit in particular, working closely with the particular residents and staff. Offer assistance to staff by answering phones, bringing residents/charts to appointments, picking up purchasing orders etc. Assist the residents to in-house appointments, spend time outdoors (in nice weather), etc. Unit assistants offer conversation and diversionary programs for residents on the unit when they are not involved in a Therapeutic Recreation event/program. Many diversional activities include listening to music, watching movies, light ball/balloon toss and simple trivia games.