

SPECIAL POINTS OF INTEREST:

- Recognition Lunch
- Construction Highlights
- Stepping on Program
- Golf Outing 2019

Volunteer Recognition Luncheon

The LISVH Volunteer Department Recognition Luncheon was held on June 6th, 2019. The lunch is hosted at the LISVH in honor of volunteers who have contributed 50 hours or more service throughout the year to the Home.

This year the lunch was hosted on D-Day, it marked the 75th Anniversary of a day that will forever live in infamy.

One of our volunteers was honored at the lunch, Sy Lederman. June 6th was also Sy's 90th Birthday. He graced the MPR that afternoon and recited the Pledge of Allegiance with honor and dignity. Sy is a D-Day and WWII Veteran who joined the service at 15 years young. On this day, Sy served as a reminder as to why we were all gathered together, to serve those who have served.



Pictured: Sy Lederman and Lynn Hande

This year we honored 114 volunteers who have made contributions to the Home which are so great, there are no words to express the gratitude.

Special recognition awards for outstanding service were presented to Antoinette Trotter, Rising Star Recipient, Nick Menechella, Volunteer's Choice Award and Howie Gallin, Lon Werner for Service Excellence Award. Each award was accom-

panied by many candidates for nomination.

Rising Star Nominees: Gerry Fitzpatrick, Lillian Grasso and Pat Maltempo.

Volunteer Choice Nominees: Jim Braunreuther, Debbie Dito, Martin Doherty, Jim O'Connor and Jim Tinney.

Lon Werner For Service Excellence Nominees: Martin Doherty, Wayne Furr, Gene Greenwood, Ed Litts, Nick Menechella, Janet Ruggiero and Loraine Sommer.

You are all deserving of recognition and these nominations serve as acknowledgement that not only the Volunteer Department appreciates your service, but the staff, residents and families value your hard work .



Construction News

From the desk of Paul Maguire...

The Home is thrilled to report that Operation Rejuvenation, our internal re-design and rebuilding of our resident units continues to move forward and remain on schedule. Today, we are continuing our work on Unit 2A with an anticipated completion target of mid-September.

Our Parking Lot Expansion / Improvement Project is currently in Phase 4A. Recently, we completely replaced the lower two tiers of parking in the back of our building.

On 6/25/19 we transitioned and moved to Phase 4A (the upper tier of the back parking lot).



As I'm sure everyone has observed, we continue to work very hard on the infrastructure, curbing, lighting and signage on Patriots Road as we look ahead to Phase 5, the rebuilding of the roadway surface itself. Please, please, please, slow down, be aware of

the moving construction team and obey the direction of the flag-person as you enter and exit via Patriots Road. Your safety and the safety of our construction team depend on it!

Lastly, we have begun the engineering phase of replacing our building-wide central air conditioning system (Air Handling Replacement Project). You can expect to see engineers and inspectors looking into ceilings and taking readings over the next several weeks as well as activity on our roof.

For more information on OPERATION REJUVINATION visit us on the web: <https://veterans-home.stonybrookmedicine.edu/about/news-events>

Concert Under the Stars

The Long Island State Veterans Home presents a Concert Under the Stars featuring the West Point Benny Havens Band and Laser Light Show.

Date: Friday, 8/16/19
Time: 6:30 PM – 10 PM
Location: Outdoors at the Long Island State Veterans Home



VOLUNTEER for the event please contact Samantha Myers at Samantha.myers@lisvh.org or 631-444-8590 .

- Arrive early! This is a free, outdoor concert.
- Rain or Shine.
- Bring your blankets & chairs.
- Food vendors will be on-site.
- Special Concert Parking available in Staff parking lot A at Pellegrino Drive after 5 PM.
- Shuttle buses will provide transportation to the concert site throughout the evening.

To

Things I've Learned

By Andy Rooney...Courtesy of Phil Kreuzer

I've learned...That the best classroom in the world is at the feet of an elderly person.

I've learned....That when you're in love, it shows.

I've learned ...That just one person saying to me, 'You've made my day!' makes my day.

I've learned...That having a child fall asleep in your arms is one of the most peaceful feelings in the world.

I've learned....That being kind is more important than being right.

I've learned....That you should never say no to a gift from a child.

I've learned...That I can always pray for someone when I don't have the strength to help him in any other way.

I've learned....That no matter how serious your life requires you to be, everyone needs a friend to act goofy with.

I've learned...That sometimes all a person needs is a hand to hold and a heart to understand.

I've learned...That simple walks with my father around the block on summer nights when I was a child did wonders for me as an adult.

I've learned.... That life is like a roll of toilet paper. The closer it gets to the

end, the faster it goes.

I've learned...That money doesn't buy class.

I've learned...That it's those small daily happenings that make life so spectacular.

I've learned...That under everyone's hard shell is someone who wants to be appreciated and loved.



I've learned...That to ignore the facts does not change the facts.

I've learned...That when you plan to get even with someone, you are only letting that person continue to hurt you.

I've learned....That love, not time, heals all wounds.

I've learned...That the easiest way for me to grow as a person is to surround myself with people smarter than I am.

I've learned...That everyone you meet deserves to be greeted with a smile.

I've learned...That no one is perfect until you fall in love with them.

I've learned....That life is tough, but I'm tougher.

I've learned....That opportunities are never lost; someone will take the ones you miss.

I've learned....That when you harbour bitterness, happiness will dock elsewhere.

I've learned...That I wish I could have told my Mom that I love her one more time before she passed away.

I've learned....That one should keep his words both soft and tender, because tomorrow he may have to eat them.

I've learned...That a smile is an inexpensive way to improve your looks.

I've learned...That when your newly born grandchild holds your little finger in his little fist, you're hooked for life.

I've learned....That everyone wants to live on top of the mountain, but all the happiness and growth occurs while you're climbing it.

I've learned....That the less time I have to work with, the more things I get done.

Stony Brook University—Stepping On!

Stepping On is a program that empowers adults to carry out healthy behaviors that reduce the risk of falls, improve self-management and increase quality of life. This program is facilitated by two trained leaders, along with guest experts in physical therapy, vision, pharma-

cy, and community safety.

It is a community-based workshop offered once a week for seven weeks using adult education and self-efficacy principals. Adults develop specific knowledge and skills to prevent falls in community settings. Topics covered include: im-

proving strength and balance, home and community safety, vision, footwear and medication review.

Please call 631-444-8385 for more information!

Individuals who complete the Stepping On Program have had a 50% reduction in falls!!!!

LISVH Annual Golf Outing 2019

Date: Thursday - September 19, 2019

Location: Willow Creek Golf and Country Club

One Clubhouse Drive

Mt. Sinai, NY 11766

631-928-3680



The Golf Classic requires participation from approximately 100 volunteers to run smoothly!!

Volunteers who would like to join LISVH on the course on the 19th please see Samantha in Volunteer Services for the current openings. If you are unavailable the day of the event but would still like to contribute, speak with Volunteer Services to help us prepare the golfer registration bags, table centerpieces, organize raffles and putting/chipping challenge supplies.

In an effort to continue to improve the quality of care we provide for our veterans and their families, our goal will be to raise \$100,000 which will be used to enhance resident programs and services during the coming year. If you or someone you know is interested in making a monetary or raffle prize donation please let Volunteer Services know. We would be happy to give you more information.

Long Island State Veterans Home



AT STONY BROOK UNIVERSITY

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REFER-A-FRIEND

Do you know someone who might be interested in volunteering? Maybe a friend, neighbor, child or parent is looking for a way to give back to the community?

No minimum hourly requirement.

Flexible Schedules.

Over 60 different volunteer roles to choose from.

Contact Diane or Samantha in Volunteer Services at the LISVH to find out about the current opportunities to give back.

You can also visit us on the Web at:

<https://veteranshome.stonybrookmedicine.edu/volunteer>