

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



Adult Day Health Care Program

May 2025

Help Us Celebrate!
Please Join us for All Programs in Purple

| | | | | | | | | | | | |
|----|---|----|---|----|---|--|---|----|--|----|--|
| | | | | | 10:30 Registrant 1 Council Meeting 11:00 Activity Planning Meeting 1:00 Walk Club 2:00 Horseraces May Day | 10:15 ZUMBA 2 1:00 Walk Club 1:30 Celebrate May with The Bruno's | 10:00 Kentucky 3 Derby Traditions 11:00 Horse Sense Trivia 1:15 Afternoon Matinee | | | | |
| 4 | 10:00 Motivational Monday 11:00 Word Scrambler 12:00 Cinco de Mayo Luncheon 1:00 Walk Club 2:00 Catholic Service Cinco de Mayo | 5 | 10:00 Roll The Dice 1:00 Walk Club 2:00 State the State | 6 | 10:00 Fitness 7 Fun 11:00 All About Folk Music 1:00 Walk Club 2:00 Basketball with WM Patriots Club | 8 | 10:00 Sit & Be Fit 11:00 Biography Series- Billy Joel 1:30 May Birthday Bash with John Ciotta | 9 | 10:30 Chair Boxing Class 1:00 Walk Club 2:00 Bingo | 10 | 10:00 Famous 10 Mothers 11:00 Mother's Day Word Game 1:15 Bingo Social |
| 11 | Community Outing 10:00 Motivational Monday 11:00 Morning Stretch 1:30 Mother's Day Celebration with Jim Papa Mother's Day National Skill Nursing Care Week | 12 | 10:00 Limber Up 11:00 Medical Moment 1:00 Walk Club 2:00 Corn Hole | 13 | 10:00 Fitness 14 Fun 11:00 Travel Series- The Great Lakes 1:00 Walk Club 2:00 Great Lake Trivia Challenge | 15 | 10:00 Sit & Be Fit 11:00 Wiffleball Toss 1:00 Walk Club 2:00 Bingo | 16 | 10:00 News/Views 11:00 Jeopardy 1:00 Walk Club 2:00 Baseball | 17 | 10:00 Morning 17 Stretch 11:00 Armed Forces Military Trivia 1:15 Military Word Scrambler Armed Forces Day |
| 18 | 10:00 Motivational Monday 11:00 Morning Stretch 1:00 Walk Club 2:00 Catholic Service Victoria Day (Canada) | 19 | 10:00 Limber Up 11:00 Axe Throwing 1:30 Groove to the Music with Mark Dante | 20 | Community Outing 10:00 Fitness Fun 10:30 Food for Thought 1:00 Walk Club 2:00 Bingo | 21 | 10:30 Rain or Shine Art Therapy 1:00 Walk Club 2:00 Ice Cream Social | 22 | 10:00 News/Views 11:00 How Well Do You Know the Military Branches? 1:00 Walk Club 1:30 Kick Off to Memorial Day with The Perfect Strangers | 23 | 10:00 Fresh 24 Water Fishing Trivia Discussion Group 1:15 Bingo |
| 25 | 10:00 Motivational Monday 11:00 Memorial Day Puzzle Challenge 1:00 Walk Club 2:00 Catholic Service Memorial Day | 26 | 10:00 Limber Up 11:00 Morning Bingo 1:15 ZUMBA | 27 | 10:00 Be Fit & Factual 11:00 All About the Beach Boys 1:00 Walk Club 2:00 Name that Beach Boys Tune | 28 | Community Outing 10:00 Sit & Be Fit 11:00 Category Word Game 1:00 Walk Club 2:00 Bingo | 29 | 10:00 News/Views 11:00 Word Scrambler 12:00 BBQ Luncheon 1:30 Andrew Como Entertains | 30 | 10:00 Morning 31 Stretch 11:00 Biography Series- Clint Eastwood 1:15 Movie Trivia |

Programs Are Subject to Change

Leisure Resources Available Upon Request

All May Access the Community as Desired.