

SUMMER MENU WEEK 1

DATE	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
B R K F S T	ORANGE JUICE OATMEAL FRITTATA W/ POTATO MARGARINE	ORANGE JUICE CREAM OF WHEAT EGG PATTY SAUSAGE PATTY ENGLISH MUFFIN MARGARINE	ORANGE JUICE CREAM OF RICE PANCAKE BACON SYRUP MARGARINE	ORANGE JUICE OATMEAL SCRAMBLED EGGS BLUEBERRY MUFFIN MARGARINE	ORANGE JUICE CREAM OF WHEAT HARD BOILED EGG HASH BROWN KETCHUP MARGARINE	ORANGE JUICE CREAM OF RICE FRENCH TOAST SYRUP BACON MARGARINE	ORANGE JUICE OATMEAL CHEESE BLINTZES PEACH SAUCE SAUSAGE PATTY MARGARINE
L U N C H	BEEF BARLEY SOUP BAKED ZITI W/ MEAT SAUCE GRATED CHEESE GRILLED ZUCCHINI GARLIC TOAST ASSORTED PIE	CREAM OF MUSHROOM SOUP PORK LOIN HONEY BOURBON SWEET POTATO SUMMER SUCCOTASH CHOCOLATE PUDDING	TURKEY RICE SOUP CHICKEN CAESAR SALAD GARLIC BREAD STICKS RICE PUDDING ALT VEG: GREEN BEANS	CREAM OF CAULIFLOWER SOUP COD PESTO CRUSTED LEMON SAUCE ORZO EGGPLANT ROASTED SHERBERT	BLACK BEAN SOUP ROAST TURKEY W/ GRAVY CRANBERRY SAUCE STUFFING BROCCOLI BLUEBERRY CRISP	CORN CHOWDER ALL AMERICAN CHEESE BURGER, L/T/O/ P/KETCHUP POTATO SALAD ICE CREAM ALT VEG: GREEN BEANS	ITALIAN WEDDING SOUP BRATWURST W/ CAMELIZED ONION PIEROGIE CARROTS CHOCOLATE CHIP COOKIES
D I N N E R	BBQ BEEF BRISKET SAUCE BBQ COLESLAW FRENCH FRIES FRUIT COCKTAIL ALT VEG: GREEN BEANS	CHICKEN CORDON BLEU SANDWICH HAM AND SWISS HONEY MUSTARD ROLL HOAGIE CARROTS DICED CUBED HONEYDEW	TORTELLINI W/ SHRIMP ALFREDO SAUCE FRESH ASPARAGUS DICED PEACHES	ASIAN BEEF PEPPER STEAK SAUCE CARROTS YELLOW RICE PEARS	CHICKEN ORANGE W/ ORIENTAL BLEND GREEN BEANS WHITE RICE ORANGES SECTIONS	SHRIMP SCAMPI SIDE CAESAR SALAD ORZO WATERMELON ALT VEG: CHOPPED BROCCOLI	CHICKEN BBQ PULLED SANDWICH SOFT EGG ROLL COLESLAW SWEET POTATO FRIES PINEAPPLE CHUNKS ALT VEG: GREEN BEANS
SOD A L T	<i>HAM AND SWISS ON RYE W/ LETTUCE, TOMATO & ONION MUSTARD</i> FRIED CHICKEN TENDERS W/ FRIES KETCHUP	ROAST BEEF & AMERICAN CHEESE ON A HOAGIE W/ LETT & TOMATO, TURKEY BURGER W/ LETT, TOM, PICKLE & ONION FRENCH RIES	LIVERWURST ON RYE W/ LETT, TOM & ONION /MUSTARD <i>CHICKEN POT PIE</i>	SALAMI AND PROVOLONE ON SOFT ROLL MUSTARD PULLED PORK SANDWICH POTATO ROLL FRENCH FRIES	SHRIMP SALAD ON SOFT ROLL W/ LETTUCE SPAGHETTI AND MEATBALLS TOMATO SAUCE GRATED CHEESE	EGG SALAD ON WHOLE WHEAT W/ LETTUCE BAKED CHICKEN LEG. MASHED POTATOES GREEN BEANS	TURKEY ON WHITE W/ LETT, TOM & ONION FRIED FISH SANDWICH COLESLAW FRIES ALT VEG: CARROTS

****Available Every Meal: PB&J, Grilled Cheese, American Cheese Sandwich, Cottage Cheese and Fruit Plate. **Milk and coffee or tea served at all meals. REV 5/29/20**

****All gravies and sauces are low salt. All cold cuts (except Salami & Liverwurst) are low fat and sodium. All salads (chx, egg, tuna) are made with low fat mayo**

SUMMER MENU WEEK 2

DATE	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
B R K F S T	ORANGE JUICE OATMEAL POTATO CHEESE FRITTATA MARGARINE	ORANGE JUICE CREAM OF WHEAT EGG OMELET SAUSAGE PATTY Mc MUFFIN MARGARINE	ORANGE JUICE CREAM OF RICE PANCAKE BACON SYRUP MARGARINE	ORANGE JUICE OATMEAL SCRAMBLED EGGS CORN MUFFIN MARGARINE	ORANGE JUICE CREAM OF WHEAT HARD BOILED EGG CORNEBEEF HASH MARGARINE	ORANGE JUICE CREAM OF RICE FRENCH TOAST SYRUP BACON MARGARINE	ORANGE JUICE OATMEAL EGG & CHEESE STRATA
L U N C H	CREAM OF TURKEY SOUP BRAISED BEEF W/ GRAVY WHIPPED POTATO GRILLED ZUCCHINI ASSORTED PIE MARGARINE	SPLIT PEA SOUP PORK DIJONNAISE BAKED SWEET POTATO SUMMER SUCCOTASH CHOCOLATE PUDDING MARGARINE	MINESTRONE SOUP GREEK PASTA SALAD W/ CHICKEN, FETA, TOMATO, LETTUCE, CUCUMBER GREEK DRESSING RICE PUDDING ALT: GREEN BEANS	CREAM BROCCOLI SOUP STUFFED FISH FLORENTINE RED POTATOES ROASTED EGGPLANT SHERBERT	VEGETABLES SOUP HOT DOG BUN BAKED BEANS FRESH GREEN BEANS PEACH CRISP	CREAM CHICKEN SOUP BBQ BURGER W/ CHEDDAR, LETT/TOM/ON/PICK FRENCH FRIES VANILLA ICE CREAM Alt VEG: DICED CARROTS	HEARTY VEGETABLE SOUP PHILLY CHEESESTEAK HOAGIE ROLL CARROTS OATMEAL COOKIES
D I N N E R	CHEESE PIZZA COLLARD GREENS PEARS	TERIYAKI CHICKEN BROWN RICE BROCCOLI FRUIT COCKTAIL	MACARONI AND CHEESE SEASONED SPINACH DICED PEACHES	HOT TURKEY SANDWICH BROCCOLI CUBED HONEYDEW	SLOPPY JOE SANDWICH GREEN PEAS WATERMELON	SHRIMP NEWBURG FRESH GREEN BEANS WHITE RICE MANDARIN ORANGE SECTIONS	BEEF POT PIE PINEAPPLE CHUNKS ALT VEG: BROCCOLI
A L T	<i>HAM AND SWISS ON RYE W/ LETTUCE, TOMATO & ONION MUSTARD</i> FRIED CHICKEN TENDERS W/ FRIES	ROAST BEEF & AMERICAN CHEESE ON A HOAGIE W/ LETT & TOMATO, TURKEY BURGER W/ LETT, TOM, PICKLE & ONION FRENCH FRIES	LIVERWURST ON RYE W/ LETT, TOM & ONION /MUSTARD <i>CHICKEN POT PIE</i>	SALAMI & PROVOLONE ON SOFT ROLL PULLED PORK SANDWICH FRIES	SHRIMP SALAD ON SOFT ROLL MEATBALLS AND SPAGHETTI GRATED CHEESE	EGG SALAD ON WHOLE WHEAT BAKED CHICKEN LEG. MASHED POTATOES GREEN BEANS	TURKEY ON WHITE W/ LETT, TOM & ONION FRIED FISH SANDWICH COLESLAW FRIES ALT VEG: CARROT

****Available Every Meal: PB&J, Grilled Cheese, American Cheese Sandwich, Cottage Cheese and Fruit Plate. **Milk and coffee or tea served at all meals. REV 4/20/20**

****All gravies and sauces are low salt. All cold cuts (except Salami & Liverwurst) are low fat and sodium. All salads (chx, egg, tuna) are made with low fat mayo**

SUMMER MENU WEEK 3

DATE	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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L U N C H	TOMATO BISQUES SOUP ISLAND CURRY CHICKEN BOWL BASMATI BLEND GRILLED ZUCCHINI ASSORTED PIE MARGARINE	CHICKEN TORTILLA SOUP HAM W/PINEAPPLE SWEET POTATOES SUMMER SUCCOTASH CHOCOLATE PUDDING MARGARINE	WHITE BEAN SOUP CHICKEN COBB SALAD DINNER ROLL RICE PUDDING ALT VEG: GREEN BEANS	CHICKEN NOODLE SOUP BAKE FISH VERA CRUZ WILD RICE ROASTED EGGPLANT SHERBERT	LENTIL SOUP ROAST BEEF BAKED POTATOES BROCCOLI APPLE RASPERRY CRISP	NEW ENGLAND CLAM HAMBURGER CHEESE BURGER, L/T/O/ P/KETCHUP GARLIC PARM FRIES ICE CREAM ALT VEG: GREEN BEANS	FIVE BEAN SOUP BEEF BURGUNDY BUTTERED EGG NOODLES CARROTS SUGAR COOKIES
D I N N E R	SHRIMP PO BOY COLESLAW FRENCH FRIES KETCHUP DICED PEARS ALT VEG: CAULIFLOWER	BEEF BROCCOLI STIR FRY FRENCH GREEN BEANS WHITE RICE FRUIT COCKTAIL	STUFFED SHELLS BROCCOLI GARLIC TOAST DICED PEACHES	EGG NODDLES W/ TURKEY TETRAZZINI SEASONED SPINACH PEARS	FRIED CHICKEN COLESLAW FRENCH FRIES CORN ON COBB ORANGE SECTIONS ALT VEG: DICED CARROTS	BALSAMIC CHICKEN BREAST. CHOPED SPINACH RED POTATO SALAD WATERMELON	TURKEY MEATLOAF MASHED POTATOES ASPARAGUS PINEAPPLE CHUNKS MARGARINE
A L T	<i>HAM AND SWISS ON RYE W/ LETTUCE, TOMATO & ONION MUSTARD</i> FRIED CHICKEN TENDERS W/ FRIES	ROAST BEEF & AMERICAN CHEESE ON A HOAGIE W/ LETT & TOMATO, TURKEY BURGER W/ LETT, TOM, PICKLE & ONION FRENCH FRIES	LIVERWURST ON RYE W/ LETT, TOM & ONION /MUSTARD <i>CHICKEN POT PIE</i>	SALAMI & PROVOLONE ON SOFT ROLL PULLED PORK SANDWICH FRIES	SHRIMP SALAD ON SOFT ROLL W/ LETT, TOM & ONION MEATBALLS AND SPAGHETTI GRATED CHEESE	EGG SALAD ON WHOLE WHEAT W/ LETT & TOM BAKED CHICKEN LEG. MASHED POTATOES GREEN BEANS	TURKEY ON WHITE W/ LETT, TOM & ONION FRIED FISH SANDWICH COLESLAW/FRIES ALT VEG:GREEN PEAS

****Available Every Meal: PB&J, Grilled Cheese, American Cheese Sandwich, Cottage Cheese and Fruit Plate. **Milk and coffee or tea served at all meals. REV 4/20/20**

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