

# SUMMER MENU WEEK 1

DATE	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
B R K F S T	ORANGE JUICE OATMEAL BACON SCRAMBLED EGGS CROISSANT MARGARINE	ORANGE JUICE CREAM OF WHEAT PANCAKES/SYRUP BACON MARGARINE	ORANGE JUICE CREAM OF RICE EGG & SAUSAGE MC MUFFIN MARGARINE	ORANGE JUICE OATMEAL SCRAMBLED EGGS CHOCOLATE CHIP BANANA BREAD MARGARINE	ORANGE JUICE GRITS HARD BOILED EGGS BAGELS CREAM CHEESE MARGARINE	ORANGE JUICE RICE & MILK FRENCH TOAST SYRUP BACON MARGARINE	ORANGE JUICE FARINA SCRAMBLED EGGS CORN MUFFIN MARGARINE
L U N C H	MULLIGATAWNY SOUP FRIED CHICKEN SWEET POTATOES ASPARAGUS ASSORTED PIE MARGARINE	BLACK BEAN SOUP MEATLOAF CHEDDAR MASHED POTATOES GREEN BEANS CAKE MARGARINE	SPLIT PEA SOUP PORK MARSALA YELLOW RICE CARROTS BLUEBERRY TART MARGARINE	MUSHROOM BARLEY SOUP OPEN FACED TURKEY SANDWICH BROCCOLI TAPIOCA PUDDING MARGARINE	NAVY BEAN SOUP POTATO CRUSTED COD RICE CAPRI BLEND VEG BREAD PUDDING MARGARINE	SEAFOOD BISQUE BURGER, LETT/TOM/ONION PICKLE/ KETCHUP CURLEY FRIES ICE CREAM ALT VEG: GREEN BEANS	CHICKEN PASTINA PEPPERONI PIZZA CALIFORNIA BLEND COOKIES MARGARINE
D I N N E R	CORNEBEEF ON RYE BREAD 1000 ISLAND DRESSING COLE SLAW PEARS ALT VEG: GREEN BEANS	COQ AU VIN ROASTED - FINGERLING POTATOES MIX BLEND PEACHES MARGARINE	KOREAN SHORT RIBS FRIED RICE ORIENTAL BLEND TROPICAL FRUIT MARGARINE	BEEF BOLOGNESE LINGUINE MIXED VEGETABLES WATERMELON MARGARINE	CHICKEN PICATTA PENNE GREEN BEANS PINEAPPLE MARGARINE	STUFFED BAKED POTATO SOUR CREAM CHILI CHEESE SAUCE CHOPPED BROCCOLI MANDARIN ORANGES MARGARINE	MEATBALLS AND SPAGHETTI MEDITERRANEAN BLEND MELON MARGARINE
S O D   A L T	LIVERWURST ON RYE W/ LETT & TOMATO, ONION MUSTARD FISH NUGGETS CARROTS FRENCH FRIES KETCHUP	HAM & SWISS ON RYE W/ LETT & TOMATO, ONION  HAMBURGER W/ LETT, TOM,PICKLE ONION & FRIES	BOLOGNA ON WHOLE WHEAT W/ LETT & TOMATO  BAKED CHICKEN LEG. MASHED POTATOES VEGETABLE	SHRIMP SALAD ON A CROISSANT & LETTUCE  GRILLED HONEY TURKEY & MUENSTER ON RYE VEGETABLE	TURKEY ON WHITE W/ LETT, TOM & ONION  CHEESE QUESADILLA ALT: VEGETABLE	EGG SALAD ON WHOLE WHEAT CANNED FRUIT  CHICKEN TENDERS POTATO WEDGES VEGETABLE	CHICKEN SALAD ON POTATO ROLL FRUIT CUP  ROAST BEEF AU JUS HOAGIE ROLL VEGETABLE

**\*\*Available Every Meal: PB&J, Grilled Cheese, American Cheese Sandwich, Cottage Cheese and Fruit Plate. \*\*Milk and coffee or tea served at all meals. REV 6/4/18**

**\*\*All gravies and sauces are low salt. All cold cuts (except Salami & Liverwurst) are low fat and sodium. All salads (chx, egg, tuna) are made with low fat mayo**

# SUMMER MENU WEEK 2

DATE	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
B R K F S T	ORANGE JUICE OATMEAL CHEESE OMELET COFFEE CAKE DONUT MARGARINE	ORANGE JUICE CREAM OF WHEAT PANCAKES/SYRUP BACON MARGARINE	ORANGE JUICE CREAM OF RICE SCRAMBLED EGG SAUSAGE PATTY MARGARINE	ORANGE JUICE OATMEAL SCRAMBLED EGG PEACH MUFFIN MARGARINE	ORANGE JUICE GRITS HARD BOILED EGGS HOME FRIES BACON MARGARINE	ORANGE JUICE RICE AND MILK FRENCH TOAST SYRUP BACON MARGARINE	ORANGE JUICE FARINA WESTERN OMELET CROISSANT MARGARINE
L U N C H	CARROT APPLE SOUP ROAST TURKEY STUFFING ASPARAGUS CRANBERRY SAUCE ASSORTED PIE MARGARINE	LENTIL SOUP TORTILLA CRUSTED TILAPIA SPANISH RICE GREEN BEANS CHOCOLATE CAKE MARGARINE	CHICKEN RICE SOUP STUFFED CABBAGE MASHED POTATOES CARROTS CREAM PUFF MARGARINE	ITALIAN WEDDING SOUP CHINESE ROAST PORK LOMEIN BROCCOLI TAPIOCA PUDDING MARGARINE	CHICKEN CHIC PEA SOUP STEAK PIZZIAOLA SPAGHETTI CAPRI BLEND RICE PUDDING MARGARINE	SEAFOOD BISQUE CHEDDAR, CHEESE BURGER W/ LETT/TOM/ON/PICK FRIES ICE CREAM MARGARINE ALT VEG: GREEN BEANS	LIMA BEAN SOUP PULLED PORK HAWAIIAN ROLL CALIFORNIA BLEND COOKIES MARGARINE
D I N N E R	STUFFED PEPPERS EGG NOODLES WAX BEANS PEARS MARGARINE	SAUSAGE AND PEPPERS RED SAUCE LINGUINE MIX BLEND PEACHES MARGARINE	CARAMEL CHICKEN FRIED RICE ORIENTAL BLEND TROPICAL FRUIT MARGARINE	PENNE ALA VODKA W/ MEATBALL PEAS WATERMELON MARGARINE	JERK CHICKEN PLANTAINS GREEN BEANS PINEAPPLE MARGARINE	MAC & CHEESE SPINACH MANDARIN ORANGES MARGARINE	SHRIMP AND CHIPS CARIBBEAN BLEND MELON MARGARINE
A L T	LIVERWURST ON RYE W/ LETT & TOMATO, ONION MUSTARD FISH NUGGETS CARROTS FRENCH FRIES KETCHUP	HAM & SWISS ON RYE W/ LETT & TOMATO, ONION  HAMBURGER W/ LETT, TOM,PICKLE ONION & FRIES	BOLOGNA ON WHOLE WHEAT W/ LETT & TOM  BAKED CHICKEN LEG. MASHED POTATOES VEGETABLE	SHRIMP SALAD ON A CROISSANT & LETTUCE  GRILLED HONEY TURKEY & MUENSTER ON RYE VEGETABLE	TURKEY ON WHITE W/ LETT, TOM & ONION  CHEESE QUESADILLA ALT: VEGETABLE	EGG SALAD ON WHOLE WHEAT CANNED FRUIT  CHICKEN TENDERS POTATO WEDGES VEGETABLE	CHICKEN SALAD ON POTATO ROLL FRUIT CUP  ROAST BEEF AU JUS HOAGIE ROLL VEGETABLE

**\*\*Available Every Meal: PB&J, Grilled Cheese, American Cheese Sandwich, Cottage Cheese and Fruit Plate. \*\*Milk and coffee or tea served at all meals. REV 6/4/18**

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# SUMMER MENU WEEK 3

DATE	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
B R K F S T	ORANGE JUICE OATMEAL BROCCOLI CHEDDAR QUICHE MARGARINE	ORANGE JUICE CREAM OF WHEAT PANCAKES/SYRUP BACON MARGARINE	ORANGE JUICE CREAM OF RICE BISCUIT SCRAMBLED EGG SAUSAGE MARGARINE	ORANGE JUICE OATMEAL SCRAMBLED EGG LEMON BLUEBERRY BREAD MARGARINE	ORANGE JUICE GRITS HARD-BOILED EGGS HASH BROWNS KETCHUP ALT: YOGURT PARFAIT	ORANGE JUICE RICE AND MILK FRENCH TOAST SYRUP BACON MARGARINE	ORANGE JUICE FARINA CHEESE BLINTZES PEACH COMPOTE MARGARINE
L U N C H	CHICKEN NOODLE SOUP BEEF GOULASH EGG NOODLE ASPARAGUS ASSORTED PIE MARGARINE	BEEF VEGETABLE SOUP SPIRAL HAM SWEET POTATO GREENS BEANS RED VELVET CAKE MARGARINE	CHICKEN GUMBO SOUP CHICKEN, KIELBASA JAMBALAYA CARROTS BANANA FOSTER PUDDING MARGARINE	MINESTRONE SOUP KNOCKWURST ON A BUN BAKED BEANS GREEN BEANS WATERMELON MARGARINE	CREAM OF BROCCOLI SOUP CHICKEN POT PIE CAPRI BLEND RICE PUDDING MARGARINE	MANHATTAN CLAM CHOWDER ALL AMERICAN BURGER W/ LETT, TOM,ONION & PICKLES GARLIC PARMESAN FRIES ICE CREAM MARGARINE ALT: GREEN BEANS	CREAM OF TOMATO CHICKEN PARMESAN ROTINI CALIFORNIA BLEND CHOCOLATE CHIP COOKIES MARGARINE
D I N N E R	HONEY TURKEY, SWISS ON RYE POTATO WEDGES COLE SLAW PEARS ALT VEG: GREEN BEANS	STUFFED FLOUNDER MIX BLEND ORZO PILAF PEACHES MARGARINE	TERIYAKI BEEF GRAVY FRIED RICE ORIENTAL BLEND TROPICAL FRUIT MARGARINE	MANICOTTI BROCCOLI RAINBOW COOKIES MARGARINE	ROAST BEEF GRAVY POTATO MEDLEY MIXED VEGETABLES FRUIT COCKTAIL MARGARINE	BONELESS BBQ RIB BAKED POTATO SPINACH MANDARIN ORANGES MARGARINE	BEEF A RONI MEDITERRANEAN BLEND MELON MARGARINE
A L T	LIVERWURST ON RYE W/ LETT & TOMATO, ONION MUSTARD FISH NUGGETS CARROTS FRENCH FRIES KETCHUP	HAM & SWISS ON RYE W/ LETT & TOMATO, ONION  HAMBURGER W/ LETT, TOM,PICKLE ONION & FRIES	BOLOGNA ON WHOLE WHEAT W/ LETT & TOM  BAKED CHICKEN LEG. MASHED POTATOES VEGETABLE	SHRIMP SALAD ON A CROISSANT & LETTUCE  GRILLED HONEY TURKEY & MUENSTER ON RYE VEGETABLE	TURKEY ON WHITE W/ LETT, TOM & ONION  CHEESE QUESADILLA	EGG SALAD ON WHOLE WHEAT CANNED FRUIT  CHICKEN TENDERS POTATO WEDGES VEGETABLE	CHICKEN SALAD ON POTATO ROLL FRUIT CUP  ROAST BEEF AU JUS HOAGIE ROLL VEGETABLE

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